



# rhywun ar eich ochr someone on your side

llinell gymorth eiriolaeth,  
gwybodaeth a chyngor i  
blant a phobl ifanc

advocacy, information and  
advice helpline for children  
and young people



ffôn/phone  
080880 23456



testun/txt  
84001



im/gwe/im/web  
[www.meiccymru.org](http://www.meiccymru.org)

am ddim / cyfrinachol / i chi / 0-25  
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 Cywaith

  
Llywodraeth Cymru  
Welsh Government