



# someone on **your** side

advocacy, information and advice  
helpline for children and young people



phone  
080880 23456



txt  
84001



im/web  
[www.meiccymru.org](http://www.meiccymru.org)

free / confidential /  
for you / 0-25

 Cywaith



Llywodraeth Cymru  
Welsh Government



# rhywun ar eich ochr

llinell gymorth eiriolaeth, gwybodaeth  
a chyngor i blant a phobl ifanc



ffôn  
080880 23456



testun  
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im/gwe  
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am ddim / cyfrinachol /  
i chi / 0-25

 Cywaith



Llywodraeth Cymru  
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