



# Someone on **your** side

Information, advice and  
advocacy helpline for children  
and young people in Wales



phone  
080880 23456



text  
84001



im/web  
[www.meic.cymru](http://www.meic.cymru)



free / confidential / for you / 0-25



Ariennir gan  
Lywodraeth Cymru  
Funded by  
Welsh Government



# Rhywun ar dy ochr di

Llinell gymorth gwybodaeth,  
cyngor ac eiriolaeth i blant  
a phobl ifanc yng Nghymru



ffôn  
080880 23456



testun  
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am ddim / yn gyfrinachol / i ti / 0-25



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